

Adult Swim Programs

Hydro Trim

Wednesday 9:00– 9:45 am

Thursdays 9:00– 9:45 am

\$3.00 per class

Classes begin Wednesday , June 15.

Hydro-Trim is a moderately intense workout targeting cardio fitness, strength, endurance and flexibility while incorporating dance moves. This blends it all together! You can shake, shimmy and sing along with the music for a fun filled workout. Trim and tone your body using the buoyancy of water and it's natural resistance.

Fit Pass

Receive a 8 class pass have it punched each class you attend and get 1 classes free!

Your Fit pass is good for any Hydro Trim Class.



Youth Swim Programs

Morning Group Swim Lessons

Register at the front office.

Must be registered by the Thursday before the sessions starts or a \$5.00 late fee will be charged.

Monday– Thursday ~ 1 week sessions

\$26 per session members

\$36 per session non members

Time slots available are: 9:45, 10:15, 10:45, 11:15

We reserve the right to combine classes if there is low enrollment.

Session One	June 20– 23 ~ Monday-Thursday
Session Two	June 27– 30 ~ Monday– Thursday
Session Three	July 5 – 8 ~ Tuesday– Friday
Session Four	July 11 – 14 ~ Monday-Thursday
Session Five	July 18 – 21 ~ Monday-Thursday
Session Six	July 25 – 28 ~ Monday-Thursday
Session Seven	August 1– 4 ~ Monday –Thursday

Earn a \$3.00 Coupon

When you sign up for two or more swim lesson at the same time and receive A \$3.00 coupon!

No refunds permitted. No partial sessions.

Private Lessons

\$20 per half hour - Private Lesson

\$17 per half hour - Semi-Private

Call office for availability

Water Polo Clinic

Boys & girls 10 – 14 years old are invited to join in a summer water polo program. Learn the fundamentals of the game along with individualized instruction, and evaluation to refine your water polo skills. No prior water polo experience is necessary.

Registration Required

7:00-9:00 pm \$20.00 per session

Session 1 June 27, 29, July 5, 6, 11, 13.

Session 2 July 18, 20, 25, 27, Aug. 1, 3



Community Events

Hawaiian Luau!

Friday, July 8

4:00-8:00 p.m.



Christmas in July!

Saturday, July 30,

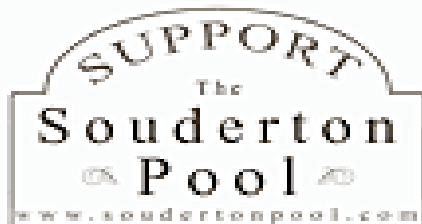
4:00-8:00 p.m.

Night at the Movies!

(\$2.00 entry fee per person)

Saturday, August 13,

8:30 p.m. doors open



Souderton Pool is located at

460 Wile Avenue

Souderton, PA 18964

You can also visit us online at
www.soudertonborough.org and like us
on Facebook.

For more information on other programs,
please contact the pool office at
215.703.0123

The Pool Closes early for Home Swim Meets:

The pool will be closing at 5:00

Tuesday, June 28, 2016

Thursday, July 7, 2016

Tuesday, July 12, 2016

Thursday, July 14, 2016

Monday, July 25, 2016

In the event of cancellation due to
inclement weather there may be other
days that the pool will close.

The **Lower Pool** will be closed 5:30-
7:00pm May 31-June 13 for swim team
practice.

Abbreviated hours:

Monday to Friday -May 31 - June 9 ~ 3pm-8pm

Monday to Friday—August 29-Sept. 5 ~ 4pm-7pm



Souderton Community Pool 2016 Summer Programs

Pool Open
May 28—Sept 5, 2016



Pool Hours

Regular Season

Everyday:

12:00-1:00 p.m. Adult Lap Swim & Senior Swim

Monday-Saturday

12:00-8:00 p.m. Open Swim

Sunday

12:00-6:00 p.m. Open swim

Evening Pricing Available

Abbreviated hours:

Monday to Friday -May 31 - June 9 ~ 3pm-8pm

Monday to Friday—August 29-Sept. 5 ~ 4pm-7pm

Saturday and Sunday—Regular Hours

Pool Manager: Laura Aquilante

Fiona Melissen